

## Route description

Directions / Notes	Km	Km left	Turn	Avg Speed	
				35 km/h	40 km/h
Start near Rruga Ismail Qemali, Vlorë, Albania	0,00	160,33		11:00	11:00
Continue onto Rruga Demokracia	0,26	160,06		11:00	11:00
Turn left onto Rruga Nikolla Xhuveli	2,27	158,06	←	11:04	11:03
Turn right onto A2	2,57	157,75	→	11:04	11:03
Head northwest on A2	17,51	142,82		11:30:38	11:26:48
At the roundabout, take the 2nd exit and stay on A2	17,74	142,59	↗	11:31:01	11:27:09
<b>intermediate sprint</b>	<b>30,06</b>	<b>130,27</b>		<b>11:55:04</b>	<b>11:48:11</b>
Turn left onto Rruga Nikolla Xhuveli	33,14	127,19	←	11:57:54	11:50:40
Turn right onto Rruga Demokracia	33,44	126,88	→	11:58:33	11:51:14
Continue onto Rruga Janaq Kilica	34,54	125,78		12:00:32	11:52:58
At Smartsell Vaso Grabovari, continue onto Rruga Ate Kristo Negovani	35,22	125,10		12:01:39	11:53:57
Head southeast on Rruga Ate Kristo Negovani toward Rruga Jeronim de Rada	35,72	124,60		12:02:30	11:54:41
Continue onto Rruga Sadik Zotaj	35,97	124,36	↗	12:03:00	11:55:07
Head south on Rruga Sadik Zotaj toward Rruga Hajredin Haxhiraj	36,02	124,30		12:03:04	11:55:11
At the roundabout, take the 2nd exit onto Rruga Çamëria/SH8	37,52	122,80	↗	12:05:38	11:57:25
Keep left to continue on Rruga Uji i Ftohte/SH8	37,72	122,60	↖	12:05:55	11:57:41
Head southeast on Rruga Murat Tërbaçi/SH8 toward Rruga Shaban Demiraj	38,40	121,92		12:07:05	11:58:42
Head south on Rruga Aleksandër Moisiu/SH8 toward Rruga Dhimitër Konomi	41,92	118,40		12:13:33	12:04:21
<b>High Climbing</b>	<b>75,11</b>	<b>85,21</b>		<b>13:45:02</b>	<b>13:24:24</b>
Head west on SH8	79,21	81,12		13:47:54	13:26:55
Head southeast on SH8 toward Rruga Allonja	92,12	68,21	↗	14:02:24	13:39:36
Head northeast on SH8	93,77	66,56	←	14:06:36	13:43:17
Head east on SH8 toward Bregdet Jale	100,42	59,91		14:23:33	13:58:07
Head south on SH8 toward Himare - Livadh Rd	105,16	55,17		14:30:29	14:04:11
Head south on SH8 toward Rruga Ar Mihail	106,24	54,08		14:31:17	14:04:52
Continue onto Rruga Skënderbeu	157,67	2,65	↗	16:15:51	15:36:22
Head north on Rruga Skënderbeu/SH8 toward Rruga Gjergj Araniti	159,15	1,17		16:18:42	15:38:52
Continue onto Rruga 40 Shenjtorët	159,67	0,66		16:19:18	15:39:23
Slight left at Bar & Restaurant Centrali onto Rruga Flamurit	159,95	0,38		16:19:15	15:39:20
<b>Finish</b>	<b>160,33</b>	<b>0,00</b>		<b>16:19:39</b>	<b>15:39:41</b>

